



#4WCWS
Kristine Evertz &
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Blijf[®] groep Thuis in
huiselijk
geweld

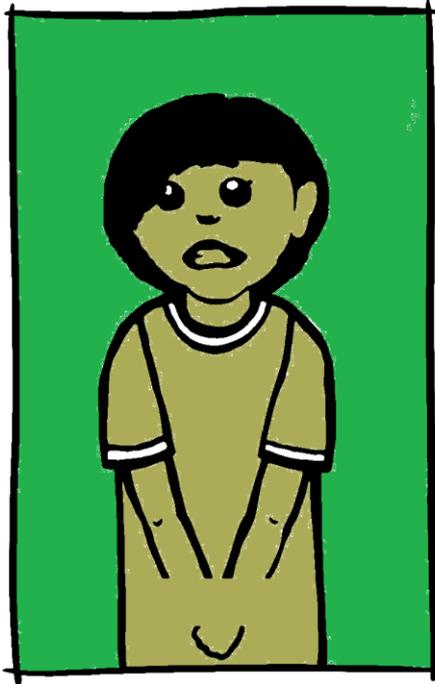


You are oke,
violence is not!

It's my turn...!

A groupcentered intervention program for children in the age 7-11 years, who have experienced child abuse or witnessed domestic violence.

Hi! How are you? Nice to meet you.



A photograph of a woman with dark curly hair smiling and hugging a young girl from behind. The girl is smiling and talking on a mobile phone. The image is partially obscured by a red diagonal bar on the left side.

(Peer-)Support for kids after domestic violence

- Reducing the effects of child abuse and domestic violence by working on stabilization, attachment and support. This are necessary steps to proces trauma.

It's my turn

Children learn to recognize and regulate their emotions, and deal with feelings of fear and guilt.

We work on building trust and the children make a safety plan.

Parents learn what to offer their child to help them cope with their experiences of domestic violence and child abuse.

We work on predictability in interaction as a basis for trust and safety.



Experiences

My parents behave like big magnets. Instead of attracting they are rejecting each other.

When my parents fight it feels like a stab in the back.

I'm sad that my dad has left our house, but I'm happy that's quiet and safe at home.

I don't want to pass information from one parent to the other.





Conduction to participate

7- 11 year old children who are victims of child abuse/ witness of domestic violence

- Home situation must be safe and stable
- Parents are motivated
- sufficient command of the Dutch language

Themes for kids



1. Acquaintance and recognizing feelings



2. Feelings and the magic mirror

3. Sad/ happy and my safe space



4. Safe anger



5. Arguing and loyalty





6. Contact with the other parent



7. Safety and safety plan

8. Future

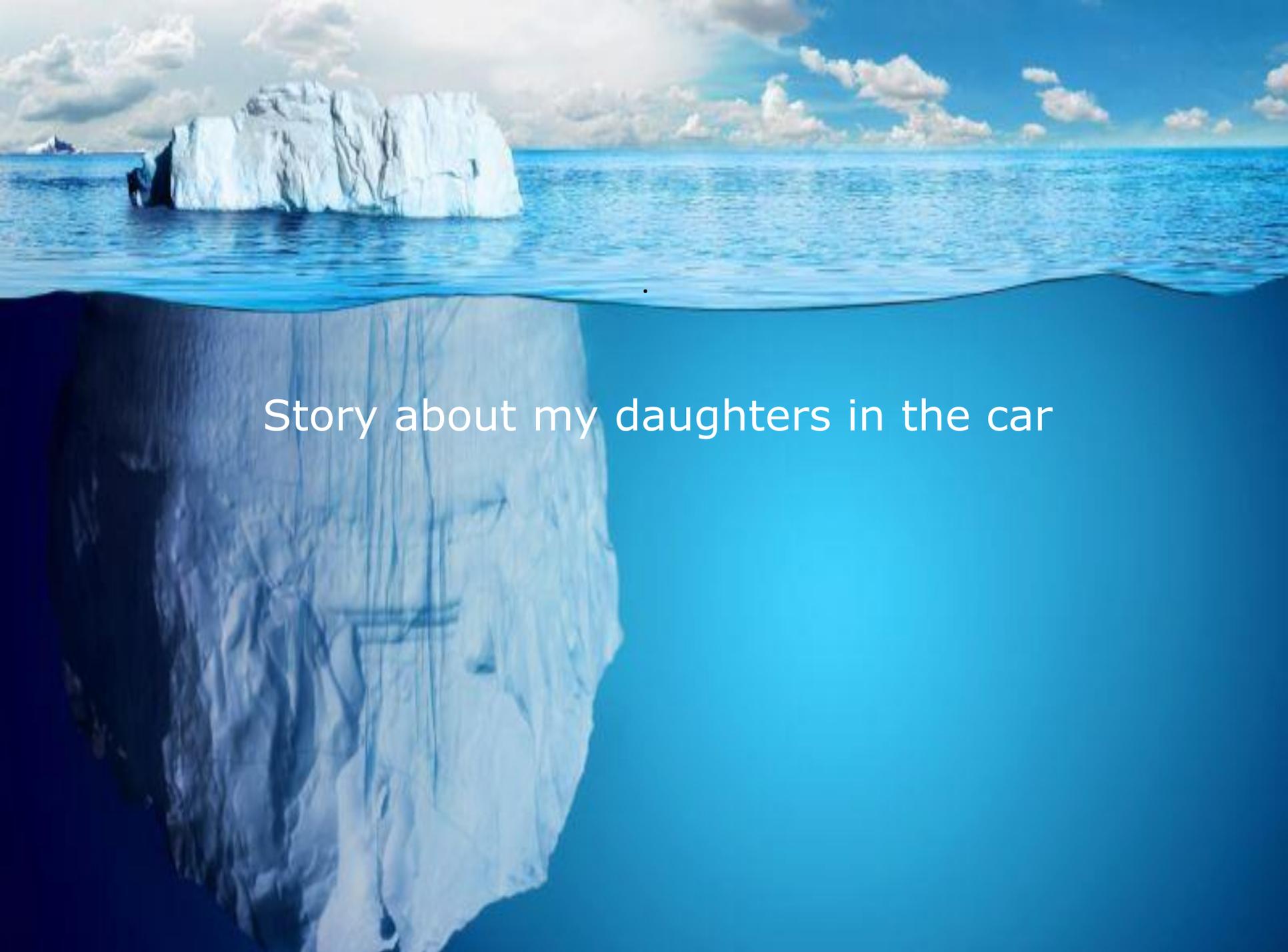


9. Goodby and evaluation



Parentgroup meetings

1. Acquaintance, theme feelings and theme to argue
2. Parenthood: parent role and children's role
3. Safe place, provide safety/security, compliments
4. Managing feelings, anger and sadness
- 5. Managing feelings, guilt, shame en loyalty**
6. Safety , arguing and the contact with father/mother
7. Social contacts and networking
8. Theme: topics from the group
9. Evaluation and goodbye



Story about my daughters in the car

Kamil the Chameleon



'I didn't know that other kids felt the same '

'It was nice to talk to other parents in the same situation'

It's my turn!

You are okay.
Violence is not!



Do you have questions or want to keep in contact?

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