



# Garden of Hope New York

## 紐約勵馨婦幼關懷中心

Safe House and Children and Youth Services

安全之家及兒少服務



壓傷的蘆葦,祂不折斷;將殘的燈火,祂不吹滅。 - 以賽亞書 42:3  
A bruised reed He will not break, and a smoldering wick He will  
not snuff out. ~Isaiah 42:3

# Mission Statement 使命宣言

- ▶ 紐約勵馨本著耶穌基督博愛精神，關懷、救助受到家庭暴力、性侵害以及人口販運的受害者，協助她們的身心靈獲得重建。
- ▶ Through the love of God, Garden of Hope New York dedicates itself to serving, caring for, and rebuilding the lives of people who have been exposed to domestic violence, sexual assault, and human trafficking.

# Chinese Immigrants in New York area

## 華裔新移民在紐約

- ▶ 截至2017年，紐約市大都市區的華裔美國人口估計為89萬3697人。[1]紐約市本身是亞洲以外中國人口最集中的地區，截至2017年估計為62萬8763人。[2]
- ▶ The Chinese American population of the New York City metropolitan area was an estimated 893,697 as of 2017.[1] New York City itself contains highest concentration of Chinese population outside of Asia, estimated at 628,763 as of 2017.[2]
- ▶ 紐約勵馨服務對象大多數是來自不同背景的移民，包括中國，台灣，香港，馬來西亞，菲律賓等...
- ▶ The population GOHNY services mostly are immigrants who come from various backgrounds, including China, Taiwan, Hong Kong, Malaysia, Philippines, etc...

# 2018 NYC Domestic Violence Statistics

## 紐約市2018年家暴統計

- ▶ 紐約市警察局對250,447份家庭糾紛事故報告（DIRS）做出了回應。在這些DIR報告中，111,330個與親密伴侶有關，83,662個與家庭事務有關。
- ▶ The New York City Police Department responded to 250,447 domestic incident reports (DIRS). Of these DIR reports, 111,330 were intimate partner-related and 83,662 were family related.[3]

NYC IPDV Hotline calls 紐約市家暴熱線統計	2017 年度	2018 年度
# of calls	81,759	81,063

# Risk Factors

## 風險因素

- ▶ 受虐者常面臨的困難：

  - 語言障礙 · 身份限制 · 經濟問題

  - 缺乏支持系統 · 文化差異

  - 不瞭解美國法律 · 資訊不足

- ▶ The victims/survivors often face these challenges:

  - Language barrier, immigration status, financial difficulties

  - Lack of support system, cultural differences

  - Lack of understanding about U.S. law system, lack of information

# GOHNY Direct Services

## 紐約勵馨直接服務

直接服務對象分成四大類：

- ▶ 家暴、性侵、兒虐、人口販賣受暴高危險群

Four groups of crime victims GOHNY serve:

- ▶ Domestic violence, sexual assault, child abuse/neglect, human-trafficking high-risk populations



# Our Goals 主要服務目標

- ▶ 協助受暴者脫離被虐處境，增強自我保護及重建生活能力。
- ▶ 協助因語言或文化因素陷入兒虐情境的家長發揮正向的親職功能，重建生活秩序。
- ▶ 協助經歷家暴或性侵的兒童及青少年恢復生命復原力。
- ▶ Helping the victims of crime to escape from violent situation, strengthen their ability to protect themselves and rebuilding lives.
- ▶ Help to rebuild order of lives by assisting parents who weren't able to perform normal parenting functions due to language or cultural barrier, and subsequently involved in the situation of child abuse/neglect.
- ▶ Help to re-establish resiliency in children and teens who have experienced domestic violence or sexual assault.

# 紐約勵馨直接服務

## GOHNY Direct Services

靈命關懷  
Spiritual caring

就學、就業生涯發展  
Career/academic development

輔導諮商、婦女支持團體、親職教育  
Individual counseling, support groups, parenting education

安全住所、危機處理、法律援助  
Safe house, crisis management, legal assistance

緊急救助金、食物衣服、就醫  
Emergency fund, food/clothing, medical



# Safe House 安全之家

- ▶ GOHNY's safe house program was established in July, 2011. We currently have three non-governmentally funded safe houses located in Queens, New York City.
- ▶ The maximum capacity is 21 adults/children plus 4 infants.
- ▶ In 2018 alone, GOHNY provided shelter for over 24 women and 20 children.
- ▶ 紐約勵馨的安全之家計畫於2011年成立。我們現有三間非政府機構支持的安全屋位於紐約皇后區。
- ▶ 最高可同時入住21成人及兒童, 外加4名嬰兒。
- ▶ 2018年度紐約勵馨提供了24名婦女及20名兒童庇護服務。

# Safe House 安全之家

- ▶ The maximum stay of the safe house is 180 days with extension possible depending on children's remaining school days.
- ▶ Besides the regular case management services, we also provide in-house children/youth individual/group counseling, trauma-informed parenting support, and celebrate special events with the sheltered families.
- ▶ 安全之家最長可居住180天,若有孩童因上課因素可延期至學期結束
- ▶ 除了平常的個案服務,我們也在安全屋裡提供孩童團體及個人輔導,創傷後親職輔導,並且與家庭一起慶祝特別的日子。

# Safe House- Peace, Grace, and Hope

安全之家-平安、恩典、希望





# Children's Program

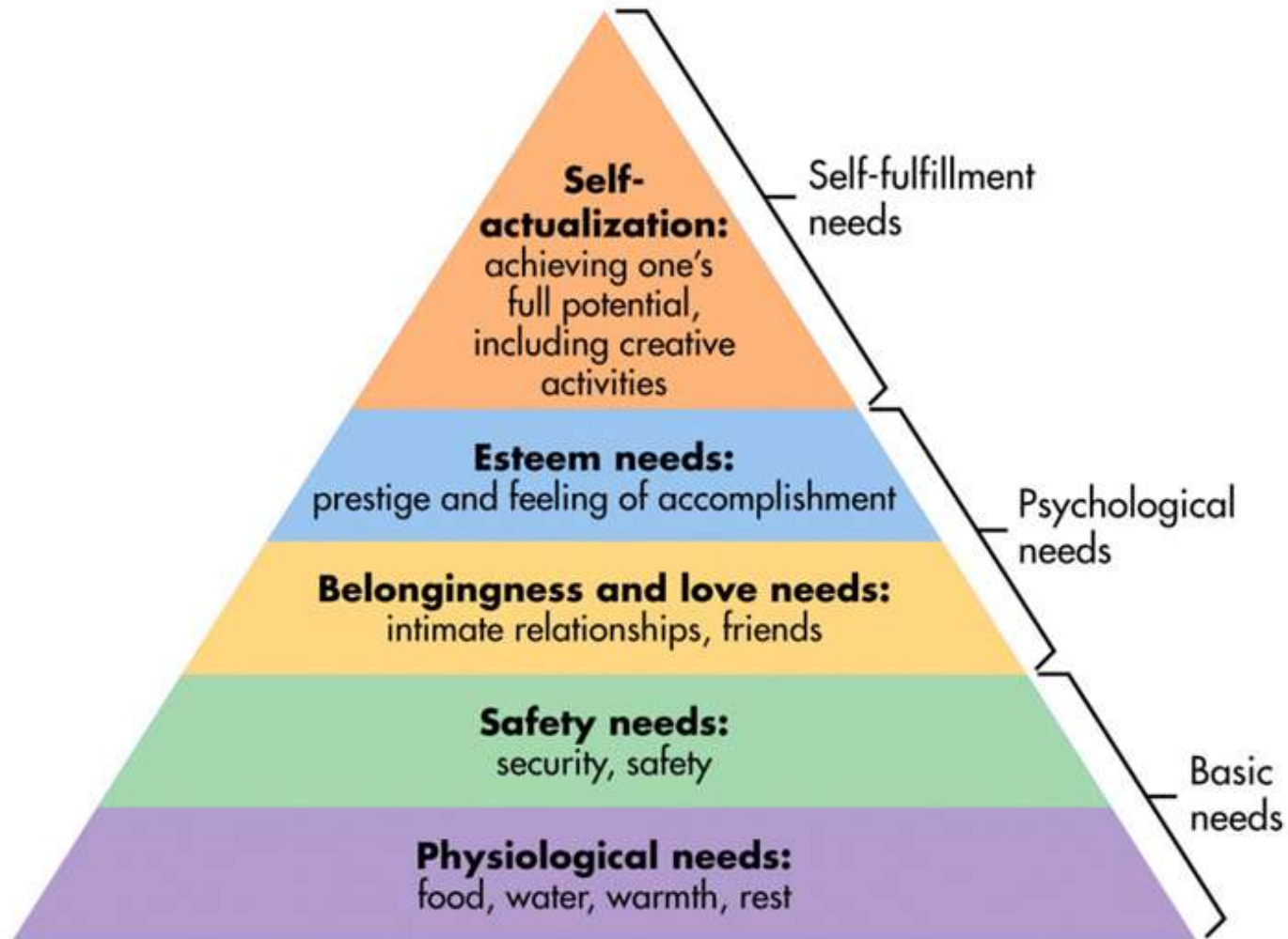
## Engage, Educate, Elevate

- ▶ Counseling & Art Therapy
  - ▶ AfterArts Support Group
  - ▶ Gaming Support Group
  - ▶ Individual Counseling & Art Therapy
- ▶ Youth Empowerment Program
- ▶ Children's Camps
  - ▶ Spring Camp
  - ▶ Summer Camp
  - ▶ Inspire Sports Camp
  - ▶ She is the Future: Preteen Girls Camp
  - ▶ Boys Day
- ▶ Parenting Programs
  - ▶ Family Nights
  - ▶ Mommy Book Club
  - ▶ Parenting Group
  - ▶ Individual Parenting Counseling

# Why stable housing matters

- ▶ Acts as a strong base for child to establish a sense of curiosity and exploration
- ▶ Children learn through their experiences of transitions
- ▶ Allows the ability to build healthy relationships
- ▶ Aids in developing coping and self regulation skills
- ▶ Sense of security
- ▶ Ability to learn (Both academically and socially)

# Maslow's Hierarchy of Needs



# How does unstable housing affect a child

- ▶ Children experience emotions more intensely
- ▶ Increased anxiety
- ▶ Confusion and uncertainty
- ▶ Feelings of Isolation
- ▶ Withdrawal from friends and community
- ▶ Feelings of Distress
- ▶ Feeling a lack of control
- ▶ Aggressive and/or rebellious behavior
- ▶ Regressive behavior
- ▶ Bad intrapersonal skills
- ▶ Mistrust of others



# What can we do?

- ▶ Preparation: The opportunity to talk and to ask questions
- ▶ Acknowledge Child's feelings and provide assurance
- ▶ Respond predictably and consistently
- ▶ Model positive social behavior
- ▶ Establish routine
- ▶ Assure child's safety
- ▶ Set realistic expectations

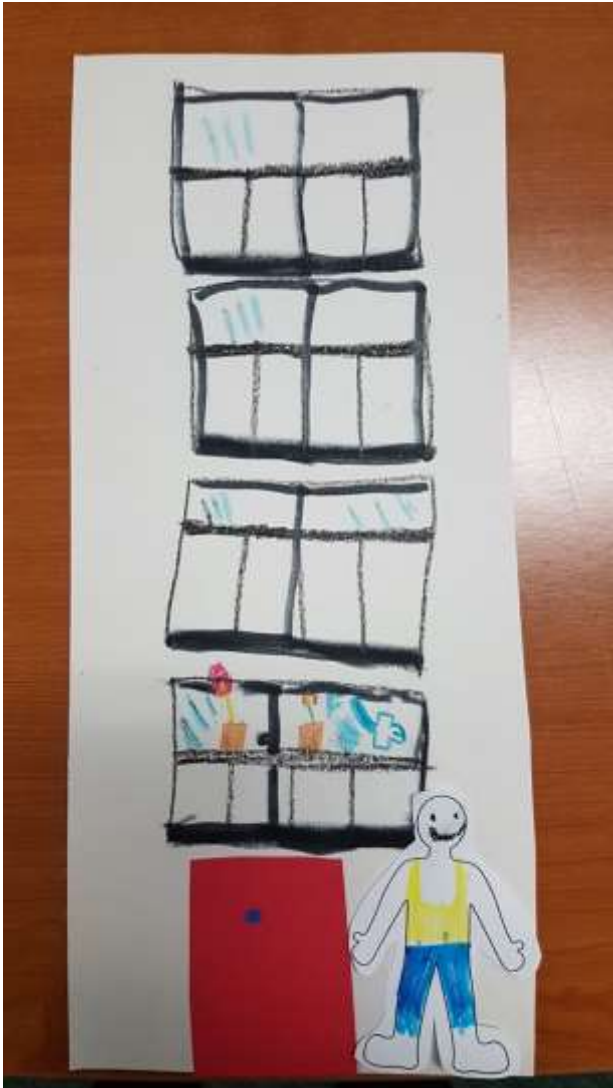


Girl, age 11

Family Plasticine Clay Sculpture

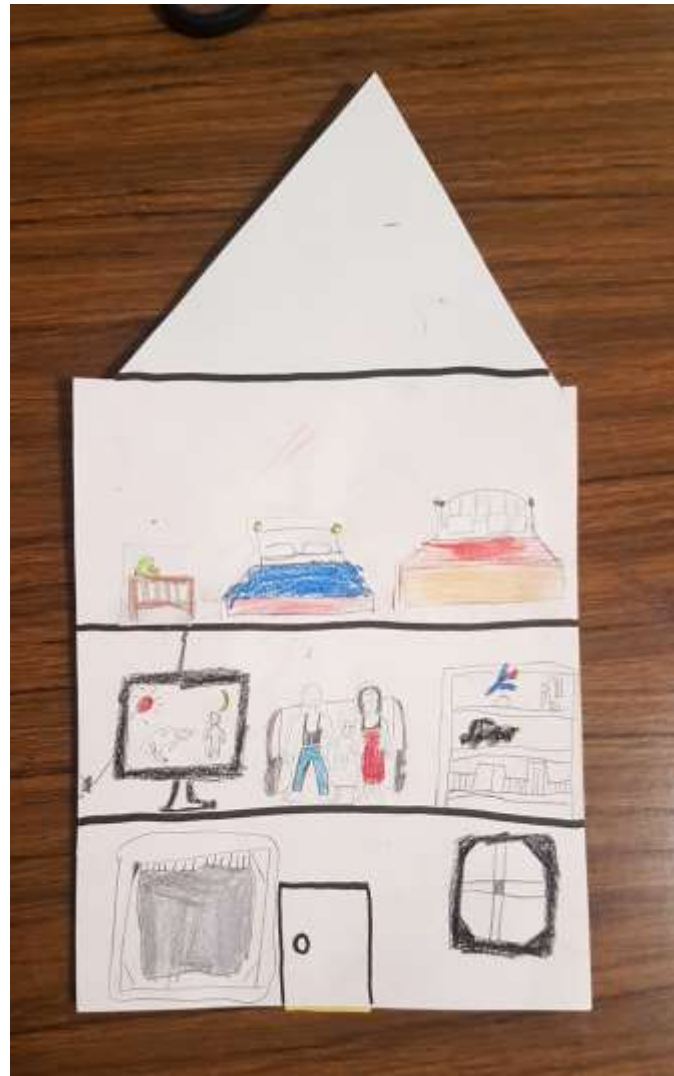


Interior House Drawing  
Girl, age 5



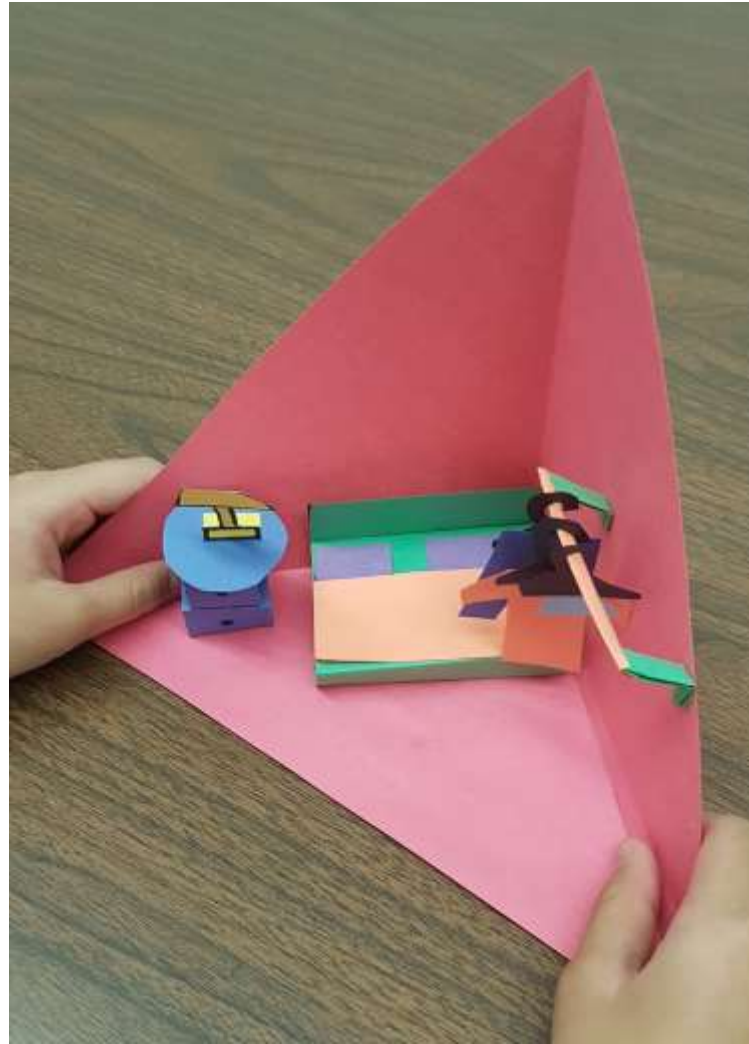
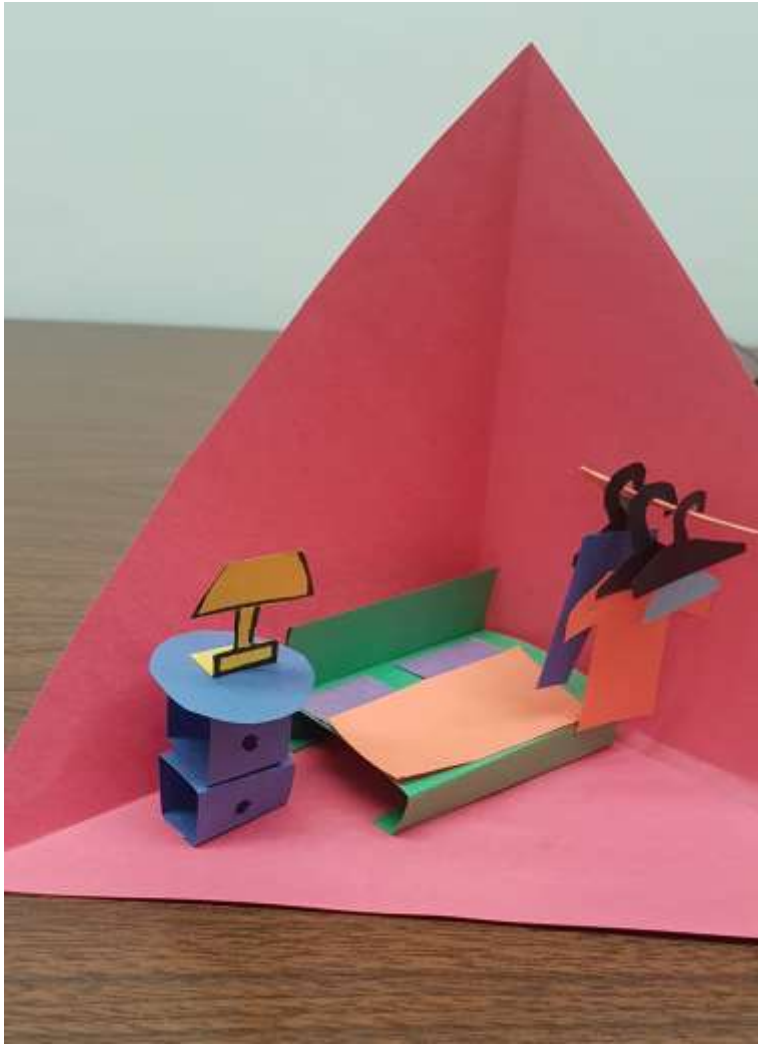
Boy, age 7

House Drawing Exterior - Home in China & Home in US



Boy, age 7

House Drawing Exterior - Home in China & Home in US



Female, age 7

Dream Room Diagram



Garden of Hope Spring Camp Kids  
Neighborhood collage

# References

- ▶ 1. "SELECTED POPULATION PROFILE IN THE UNITED STATES 2017 American Community Survey 1-Year Estimates New York-Newark, NY-NJ-CT-PA CSA Chinese alone".  
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